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Lynne Walton Coles

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LOVE IN THE TIMES OF LIKES: THE DANGER OF DMS VOLUME 2 EXAMINES TRUST IN THE DIGITAL AGE

Lynne Walton Coles offers practical guidance for couples seeking to strengthen relationships, establish healthy boundaries, and navigate the challenges of modern communication.

New York, NY, June 15, 2026 — Lynne Walton Coles addresses one of the most pressing relationship issues of the digital era in *Love In The Times Of Likes: The Danger of DMs Volume 2: How to Prevent Digital Betrayal and Build Lasting Trust*. As social media, private messaging, and constant online connectivity continue to reshape personal relationships, the book provides readers with valuable insights into protecting trust and maintaining meaningful emotional connections. Combining practical strategies with emotional awareness, Coles offers a timely resource for couples navigating the complexities of modern love.

In *Love In The Times Of Likes: The Danger of DMs Volume 2*, Coles explores how digital interactions can subtly influence relationships in ways that often go unnoticed until trust begins to erode. The book examines the role of private messages, online attention, and virtual communication in creating misunderstandings, emotional distance, and potential breaches of trust.

The inspiration behind the book stems from the growing impact technology has on intimacy and commitment. Coles recognizes that many couples face challenges that previous generations never encountered, including the constant presence of social media and the ease of digital communication. Her work seeks to help readers understand these evolving dynamics while offering realistic approaches to preserving trust and connection in an increasingly connected world.

Beyond identifying potential risks, the book emphasizes proactive relationship building. Coles provides guidance on setting digital boundaries, improving communication, recognizing warning signs of emotional disconnection, and rebuilding trust when difficulties arise. Her approach focuses on strengthening relationships through transparency, mutual respect, and intentional effort, helping couples develop skills that support long term emotional security and understanding.

The book is intended for couples, relationship professionals, counselors, and individuals interested in strengthening romantic partnerships. Readers seeking practical tools to address the influence of technology on modern relationships will find relevant and actionable insights. Whether navigating new relationships, long term commitments, or recovery from trust related challenges, audiences will discover strategies designed to foster healthier and more resilient connections.

Lynne Walton Coles brings compassion, expertise, and contemporary relevance to this important subject. Through *Love In The Times Of Likes: The Danger of DMs Volume 2: How to Prevent Digital Betrayal and Build Lasting Trust*, she provides a thoughtful roadmap for maintaining meaningful relationships in an era defined by constant digital interaction.

The book is now available — secure your copy here: <https://a.co/d/0211DyBj>

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